



**October 26, 2019**

## **Fast Facts for Forming a Dragon Boat Team**

[www.babcockranchdragonboatfestival.com](http://www.babcockranchdragonboatfestival.com)

### **The Dragon Boat:**

- Sport stems from an ancient Chinese legend
- Each Standard Dragon Boat is 42 feet long with 10 rows seating 20 paddlers + Drummer and Steersperson
- Mini-Dragon Boats are 25 feet long and seat 5 rows of 10 paddlers + Drummer and Steersperson
- Paddlers each paddle on one side during the race – on the left or on the right
- A steersperson uses a 9-foot oar as a rudder, standing in the stern
- A drummer sits in a seat at the bow, facing the crew

**Cost:** Varies by division. Go to [www.BabcockRanchDragonBoatFestival.com/enter-a-team.html](http://www.BabcockRanchDragonBoatFestival.com/enter-a-team.html) for details

### **Roster:**

- 20 Paddlers, minimum of 8 female paddlers must be in the boat at all times for MIXED division, OR
- 10 Paddlers, minimum of 4 female paddlers must be in the boat at all times for MIXED division
- 1 drummer (minimum age of 12 years old)
- Standard Dragon Boat - 4 alternate paddlers allowed and can be rotated in any way that your team would like
- Mini Dragon Boats – 3 alternate paddlers allowed and can be rotated in any way that your team would like
- All paddlers must be 14 years of age or older
- High Five Dragon Boat provides your Community team with a steersperson

### **Practice:**

- 1 practice session is included for each registered team.
- Practices will include the basics of paddling and the basics of racing.
- A coach and steersperson are provided as well as paddles and life jackets.

### **Equipment:**

- Paddles, life vests, boats, drums, and steerspersons will be provided to each team at practice and on the day of the race

**High Five Dragon Boat, LLC**

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